

Item number	Product name	Allergens	Suitable for Vegetarians (Y/N)	Suitable for Vegans	Gluten from Wheat (Y/N)	Gluten from Rye (Y/N)	Gluten from Barley (Y/N)	Gluten from Oats (Y/N)	Gluten from Spelt (Y/N)	Gluten from Kamut (Y/N)	Milk (Y/N)	Eggs (Y/N)	Peanuts (Y/N)	Nuts (Y/N)	Fish (Y/N)	Crustaceans (Y/N)	Molluscs (Y/N)	Soya (Y/N)	Sulphur Dioxide & Sulphites (Y/N)	Celery (Y/N)	Sesame Seeds (Y/N)	Mustard (Y/N)	Lupin (Y/N)	
HOT FOOD																								
1	Honey Glazed Ham and Cheddar Cheese Panini	Wheat & Wheat gluten, Milk	N	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N
2	Sweet Chili Chicken and Mozzarella Panini	Wheat & Wheat gluten, Sulphites, Soya	N	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N
3	Mozzarella, Pesto and Tomato Panini	Wheat & Wheat gluten, Milk, Cashew Nuts	Y	N	Y	N	N	N	N	N	Y	N	Y	Y	N	N	N	N	N	N	N	N	N	N
4	Southern Fried Chicken, Salsa and Mozzarella Panini	Wheat & Wheat gluten, Mustard, Celery, Milk	N	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	Y	N	Y	N	N
5	BBQ Chicken, Bacon, Peppers and Mozzarella Panini	Wheat & Wheat gluten, Milk, Soya, Mustard, Barley	N	N	Y	N	Y	N	N	N	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N
6	Tuna Mayo and Cheese Toastie	Wheat, Soya, Fish, Milk, Egg	N	N	Y	N	N	N	N	N	Y	Y	N	N	Y	N	N	Y	N	N	N	N	N	N
7	Caramelised Onions and Cheese Toastie	Wheat, Soya, Milk	Y	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N
8	Ham and Cheese Toastie	Gluten, Mustard, Milk, Egg	N	N	Y	Y	Y	N	N	N	Y	Y	N	N	N	N	N	N	N	N	N	Y	N	N
9	Chicken Mayo and Cheese Toastie	Wheat gluten, Soya, Milk, Egg	N	N	Y	N	N	N	N	N	Y	Y	N	N	N	N	N	Y	N	N	N	N	N	N
10	All Day Breakfast Toastie	Wheat & Barley gluten, Soya, Milk, Eggs	N	N	Y	N	Y	N	N	N	Y	Y	N	N	N	N	N	Y	N	N	N	N	N	N
11	New Yorker Bagel	Wheat Flour, Barley gluten, Rye Gluten, Milk, Mustard	N	N	Y	Y	Y	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N
12	Pesto, Gouda, Sunblush tomatoes and Lettuce Bagel	Cashew nuts, Milk, Wheat Flour, Rye Flour, Barley Flour	Y	N	Y	Y	Y	N	N	N	Y	N	N	Y	N	N	N	N	N	N	N	N	N	N
13	The Italian Bagel	Cashew nuts, Milk, Wheat Flour, Rye Flour, Barley Flour	N	N	Y	Y	Y	N	N	N	Y	N	N	Y	N	N	N	N	N	N	N	N	N	N
COLD SANDWICH																								
14	Tuna Mayo & Cheese salad sandwich	Wheat, Gluten, Soya, Egg, Milk, Fish	N	N	Y	N	N	N	N	N	Y	Y	N	N	Y	N	N	N	N	N	N	N	N	N
15	Ham and Cheese salad sandwich	Wheat, Milk	N	N	Y	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N
16	Egg Salad sandwich	Wheat, Milk, Egg	N	N	Y	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N
17	Spicy Meatball Panini	Wheat, Milk,	N	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N
18	Chicken Fajita Ciabatta	Wheat, Milk, Egg, Mustard,	N	N	Y	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	N	Y	N	N
19	Mozzarella & Tomato Panini	Wheat, Milk,	Y	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N
BREAKFAST																								
20	Bacon Roll	Wheat Gluten, Milk	N	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N
21	Breakfast muffin	Wheat Gluten, Egg, Soya, Milk	N	N	Y	N	N	N	N	N	Y	Y	N	N	N	N	N	Y	N	N	N	N	N	N
22	Straight Butter Croissant	Gluten, Egg, Milk	N	N	Y	N	Y	N	N	N	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N
23	Almond Croissant	Eggs, Gluten, Lupin, Milk, Nuts, Sesame, Soya	Y	N	Y	N	N	N	N	N	Y	Y	Y	Y	N	N	N	Y	N	N	Y	N	Y	Y
24	Pain au Chocolat	Gluten, Milk, Soya, Egg	Y	N	Y	N	N	N	N	N	Y	Y	N	N	N	N	N	Y	N	N	N	N	N	N
25	Large Danish Selection	Celery, Egg, Milk, Nuts	N	N	N	N	N	N	N	N	Y	Y	Y	Y	N	N	N	N	N	Y	N	N	N	N

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62	Flat Mocha	with Soya milk: Soya	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N		
		with Coconut milk: Nut	Y	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	
		with Almond milk: Nut	Y	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
		with Oat milk: Oats	Y	Y	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
TEAS																										
63	Breakfast	without milk	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
		with semi-skimmed milk: Milk	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
		with Skimmed milk: Milk	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
		with Soya milk: Soya	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
		with Coconut milk: Nut	Y	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
		with Almond milk: Nut	Y	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
		with Oat milk: Oats	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
64	Earl Grey	without milk	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
		with semi-skimmed milk: Milk	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
		with Skimmed milk: Milk	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
		with Soya milk: Soya	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
		with Coconut milk: Nut	Y	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
		with Almond milk: Nut	Y	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
		with Oat milk: Oats	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
65	Chamomile	N/A	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
66	Green	N/A	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
67	Peppermint	N/A	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
68	Chai	N/A	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
69	White Ginger Pear	N/A	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
70	Spiced Rooibos	N/A	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
71	Jasmine	N/A	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
72	Pomegranate Punch	N/A	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
CHAI DRINKS																										

